

Live Webinar (Free!)

How to Recognize Early Signs of Disordered Eating and What to Do

Register here

tinyurl.com/2scpaajb

Wednesday, February 5, 2025
7:00-8:00 PM ET / 6:00-7:00 PM CT



Eating disorders can affect kids and teens across all genders, races, and household income levels, though some may be at higher risk. Join Cartwheel and Dr. Amy Egbert ahead of National Eating Disorder Awareness Week to explore the complex factors behind disordered eating and how to support a loved one when you think they may have an eating disorder.

This webinar will cover early signs and symptoms, practical tips for fostering supportive, non-judgmental conversations, and how to explore treatment options when you think that a loved one may have an eating disorder.

About Cartwheel

We partner with school districts to provide students and families with rapid access to mental health assessments, evidence-based therapy, medication management and consultation, and parent/guardian guidance. All of our services are via telehealth with licensed clinicians. We are committed to providing affordable care for everyone - including uninsured families and those covered by Medicaid. **To learn more about Cartwheel's services, please contact a member of your school's counseling or guidance team.**

www.cartwheel.org | 617-272-7439 | office@cartwheelcare.org



AMY EGBERT, PHD

Amy Egbert, PhD, is a clinical psychologist and Assistant Professor at the University of Connecticut. She studies eating challenges in children and teens, especially those from underrepresented backgrounds. Her research looks at how factors like food marketing, access to healthy food, and experiences of discrimination can affect eating habits. Dr. Egbert is passionate about finding ways to adapt treatments so they better meet the needs of all families, including those who may not have access to specialized care.